

In her early forties, after a series of devastating events, Beverley started having overwhelming flashbacks from her childhood. The medical model offered medication and advise that she would need to be on them for the rest of her life. She constantly said to herself "There must be something better than this, there must be a better way" but in her search to get well she could not find anything.

So, she set about find her own cure to her Dissociative Identity Disorder (DID): at 48 she went to university. 9 years later with 4 degrees, where she specialized in the results of childhood trauma; she was on the road to finding personality theories and the latest research on Post traumatic Stress Disorder (which DID is).

She volunteered as a telephone and home support person, ran the support groups and ended up being the CEO of the Dissociative Identity Society of South Australia, during these 7 years she gained extensive knowledge of the disorder. All this time she attended conferences on trauma and did further studies. And she developed a process which she applied to herself: and she got well!



Read about her journey in her book We into I: <https://www.amazon.com/dp/B00FF180S8>

Since then she has developed her therapy My Envisioned Mind (<https://myenvisionedmind.com/>) and assisted hundreds of people with all types of mental health disorders, from Anorexia to Voices in the Head.

Here are the links to more of her books:

What Doctors do not want you to know about Anorexia!

<https://www.amazon.com/dp/B017TZTTTC>

Stop Messing With My Mind: What Doctors Do Not Want You to Know About Depression

<https://www.amazon.com/dp/B076J51Z7C>

What Doctors Don't Want You to Know About Post Traumatic Stress Disorder (Stop Messing With My Mind)

<https://www.amazon.com/dp/B078J98JJ9>

Eating Disorders: Your Envisioned Mind the missing piece of the puzzle

<https://www.amazon.com/dp/B06WPB31JV>

Her latest book "The Boy Who Thought He Was a Dog" is a collection of inspiring true stories of healing the mind. There are chapters on healing of the mind of Children and Adult issues along with eating disorders, Schizophrenia, Mood Disorders and more. There is an esoteric and spiritual chapter where people's near-death experiences are explored and any negative aspects are overcome.

Beverley on Mature Preneurs: <https://podcasts.apple.com/au/podcast/beverley-searle-is-often-asked-what-made-you-go-to/id1325922788?i=1000413702710&mt=2>